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Awaken.	We are trying to awake to a new level of life.	375	20
	To awaken we must have force.	375	21
	For those who wish to search, to seek, to awaken.	399	24
	All awakening is painful.	456	41
	We cannot awaken unless we have ideas from which to observe ourselves.	553	25
	Force – what keeps us awake.	712	39
	First great stage of the Work – to awaken out of sleep.	923	16
	Translated in error as “watch” in the New Testament.	932	13
	If you prefer sleep, sleep. If you wish to awaken, work.	987	28
	To awake from sleep we must realize that we are asleep.	1031	28
	Only ‘you’ can awaken to yourself.	1093	5
	Desire to awaken is greatest formulation of aim.	1098	30
	We are born awake and without contradictions.	1203	7

“B”

B.	(<i>See Influences</i>)		
Babel.	Circle of Babel. Confusion of misunderstandings.	405	38
Background.	Bigger than oneself – to do the Work.	969	25
Bad.	Good and bad. Right and wrong.	165	15
Balance - Balanced Man.	All-sided Man. Manifests to some extent in all parts of all centres. A man in whom all centres work rightly. Balance – necessary to use hydrogens in proper amounts. All-sided man. Balanced Man – our first aim. Balanced Man knows the different centres. Balanced Man knows which centre to use.	12 72 174 191 249 677 1033 1033	4 2 30 30 43 17 24 35

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Barbarism.	Mankind saved from barbarism by		
	Conscious Man.	1003	10
	Barbarism.	969	14
Based.	What you are based on.	340	20
Basement.	We live in the basement of ourselves.	299	45
Been.	I have been here before.	870	34
Behaviour.	Virtuous mechanical behaviour as compared with conscious behaviour.	1213	37
Being.	Man can attain unity of being but imagination stand in the way.	23	40
	Efforts on being.	94	5
	Being is what a man is.	107	5
	To each level of Being there is a scale in time allotted.	107	10
	Let us try to understand what Being is.	144	30
	Levels of being.	145	5
	Relation of Knowledge and being.	146	20
	Study of being absolutely necessary.	147	43
	Further Commentary on Being. Thinking for oneself. Understanding oneself.	149	20
	Work on Being. Observing and recognizing Negative Emotions.	152	18
	Being must change <u>now</u> and <u>here</u> not in some hereafter.	152	24
	Gospel references to Being.	153	15
	Two sides of a man called Knowledge & Being.	164	3
	Why Work on Knowledge must precede work on Being.	164	15
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	To bear with the unpleasant manifestations of other – sign of greater Being.	168	30
	To remember and keep your aim – sign of greater being.	168	34
	Personal Aim – on Being.	171	41
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	One's being attracts one's life.	419	5
	The being of a cooked potato is different from that of a raw potato.	431	46
	Real being makes no statements about		

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Being. (Cont'd) itself. It is.	462	47
Work acts on being according to our understanding.	481	22
Work is the effort to bring what you know into relationship to what one is.	527	5
Being is composed of Essence & Personality	564	25
Different parts of being are under different laws.	564	27
One's being attracts one's life.	564	5
Understanding of the Work is relative to level of being.	527	5
A higher level of Being is always freer than a lower level.	637	23
Freedom means a change in the level of Being.	638	33
Work on being. What prevents it?	702	40
Our level of Being is characterized by lack of unity.	711	44
Changing one's level of Being.	726	1
You can deduce your level of Being from what happens to you.	726	24
Changing our level of Being.	741	18
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A thought does not affect Being as emotion does.	842	30
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One must not work against one' being until one has accepted it.	876	32
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	Right Being must follow right thinking.	1126	37
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	Attitudes eat belief.	1172	3
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	How do you touch life? Attitudes, Buffers.	439	15
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	Buffers prevent us seeing contradictions in ourselves.	909	38
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 “C” 			
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	Forgiveness of sins.	484	12
Cause.	In Time a cause always seems to be in the past.	483	45
	Causes can be in the future.	483	46
	Nothing takes place without a cause from the unmanifest world.	1195	7
	An action is manifest. The causes may be in a thought accepted.	1195	40
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	Body cells.	107	25
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